



## CENTERSHOT® BLUE BOW AND JOE® LEAGUE PLANNER

**Centershot® BLUE** is a nonprofit organization that partners with its members—including nonprofit organizations, agencies and archery pro shops—to advance its mission of serving military members, first responders, and their communities. **Bow and Joe®**, a league of **Centershot® BLUE**, is designed to help archery pro shops, law enforcement agencies, first responder organizations, and military units build meaningful community through the sport of archery, creating a welcoming environment that fosters connection while promoting fitness, focus, and a shared sense of adventure.

### LEAGUE BASICS

**Bow and Joe®** leagues typically run in **12-week seasons** and may be scheduled on **any day of the week** or at **any time of day** that best fits the needs of the participants and the host site. Leagues are designed to be flexible and easy to host. Participants may bring their own coffee, or the host may choose to provide it—either option works.

**Bow and Joe®** can operate **year-round** or be offered **one or more seasons per year**, depending on the capacity and goals of the host site. Below is an example of how a Centershot® BLUE Bow and Joe® **annual season** schedule may be structured:

- **January–March:** Indoor Spot League (Annual National Virtual Match)
- **April–June:** Indoor/Outdoor 3D League or Indoor Spot League
- **June–September:** Indoor/Outdoor 3D League or Indoor Spot League
- **October–December:** Indoor Spot League

# SPOT LEAGUE

## LOCATION

- Leagues may be held **indoors** or **outdoors**.
- Indoor and outdoor **designated** archery ranges: **All** bow types may be used.
- Indoor and outdoor **non-designated** archery ranges **using an arrow curtain as a backstop: Genesis® Original bows ONLY** may be used.
- When shooting **outdoors** with a **Genesis® bow**, a **minimum 50-yard drop zone** must be maintained behind the arrow curtain.

## BOW DIVISIONS & SHOOTING DISTANCE

### Bare Bow (15 YARDS):

- Genesis® Original
- Recurve
- Long Bow

### Hunting Bow (20 YARDS):

- The bow you hunt with
- No magnification
- Stabilizers limited to 18 inches or less

### Target Bow (20 YARDS):

- Specialized target equipment - no equipment restrictions

## TARGETS



- Target faces may be mounted to **Rinehart®**, **Morrell®**, **BLOCK®**, or existing range targets using target pins. Ensure the bow being used is **rated for the target** selected.
- **Bare Bow** (15 meters): **40 cm** paper target face
- **Hunting and Target Compound/Recurve Bow** (18 meters): **40 cm** single-spot or **3-spot** paper target face

# SPOT LEAGUE

## COURSE OF FIRE

- 1 arrow in each of **3 bullseyes** (3-spot target), **OR 3 arrows in a single spot**
- 10 ends of **3 arrows** = **Total: 30 arrows** (**Maximum score: 300 points**)

## SCORING

- Use the **Bow and Joe® Score Card** or a similar score card.
- When competing in the **National Bow and Joe League** score cards must be **signed** by both the **archer** and a **witness**.
- Scores are entered into **arrowscores.com** by the **Centershot® BLUE Outpost Guide** or a **designated representative**.

**DOWNLOAD BOW AND JOE® SCORECARD**

## AWARDS

- **Awards** may vary from year to year.
- **Typically include:**
  - **Drawings** open to all participants
  - **Placement** awards may be given at in-person tournaments

## COSTS

- A **\$10 per-person fee** is required for participation in the **National Centershot® BLUE Virtual Tournaments**.
- Additional costs to consider when setting league fees may include: **Targets, Archery range use, Awards or prizes**
- Outposts are encouraged to seek **local business sponsorships** to help offset expenses and, when possible, **reduce or eliminate participation costs for archers**.

# 3D LEAGUE

## PURPOSE

The **3D League** is designed to provide a fun, engaging way for Outposts to experience a variety of shooting disciplines and games together. 3D archery is naturally **social**, making it an excellent fit with the **mission of Centershot® BLUE**. This league encourages **camaraderie, conversation, and relationship-building** as participants walk the course together and challenge one another in a **relaxed, supportive environment**.

## LOCATION

- Any **safe indoor/outdoor** 3D range may be used.
- The course may consist of **any number of targets**, based on the range layout and time available. 10-20 target courses are typical.

## SHOOTING DISTANCE

- Distances may be determined by the type of equipment being used.
- Archers should shoot at distances they are comfortable with.
- As skill and confidence increase, participants are encouraged to challenge themselves with longer distances.
- Shooting stakes may be adjusted as needed to accommodate varying experience levels.

## TARGETS

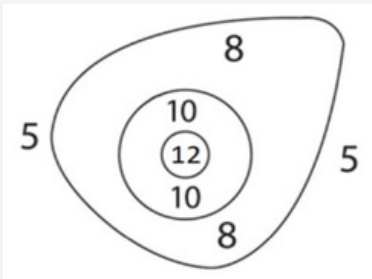
- **Rinehart® or Delta McKenzie® 3D targets** are recommended.
- The Outpost may **use any scoring system preferred** by the host range or Outpost.
- Standardized scoring systems such as **IBO** or **ASA** scoring may also be used.
- Simple **fun shoots** without scoring are also acceptable.

# 3D LEAGUE

## SAMPLE COURSE OF FIRE

- **1 arrow** shot at each target
- Course may be **unknown or known yardage** (**range finders may or may not be allowed**) but this rule should be determined by the Centershot® BLUE guide prior to the course start
- **Binoculars** may be used
- Only approach the target **after everyone has shot their arrow**
- Recommend **no more than 5 people** in a group, typical group size is 4
- A group of **3 people** is required if **scoring**

## SAMPLE SCORING



- **Points** are scored according to image
- Antlers, horns and misses are **0 points**
- **Center 12 scoring** shown, but **IBO** and **ASA scoring** are also an options
- Local score cards from your archery range may be used

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